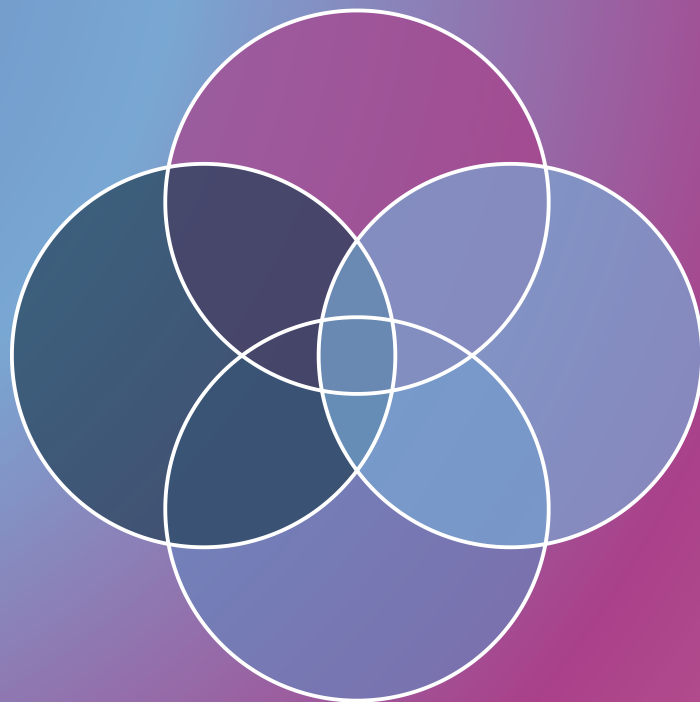


# NEXT-GEN WELLNESS SOLUTIONS

VISUALIZEin360

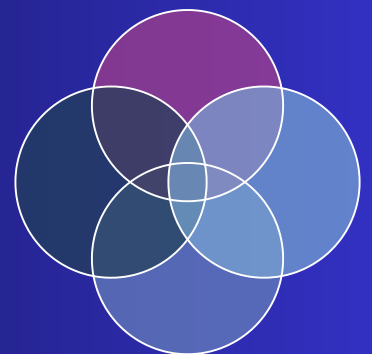


# WHO COULD YOU BE IF YOU COULD GET OUT OF YOUR HEAD?



At VISUALIZEin360, we don't just help clients get rid of anxiety; we provide tools and guidance to channel it into creative power, enhancing well-being at every level - mental, physical, emotional and existential.

By partnering with us, you'll be able to offer a holistic, scientifically grounded approach to wellness that addresses the root causes of chronic stress and anxiety, and transforms survival energy into fuel for empowered living.





# WHY PARTNER WITH US?

Incorporate VISUALIZEin360's framework into your organization and offer your members, clients or employees an unparalleled wellness experience.

## Holistic Wellness Integration



Seamlessly integrate our advanced services with your existing programs to offer comprehensive health solutions that nurture every aspect of well-being.

## Enhanced Engagement



Leverage our cutting-edge expertise and evidence-based framework to achieve measurable results and boost participant engagement.

## Tailored Solutions



Customize an approach that aligns with your unique needs, ensuring our services complement and elevate your existing operations.

# UNLOCK NEW HORIZONS



**Single Event Support**



**Short-Term Experiences**



**Long-Term Training Programs**

# OUR FRAMEWORK:

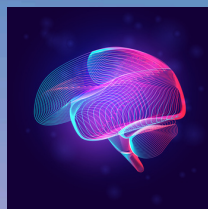
## 8-WEEKS TO MIND-BODY HEALING & INTENTIONAL MANIFESTATION



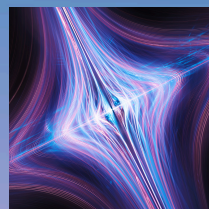
## OUR SERVICES & EXPERTISE:

At VISUALIZEin360, we're dedicated to pushing boundaries and transforming lives through next-generation health and wellness models.

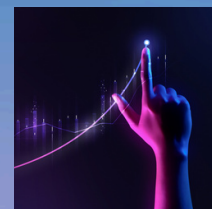
Work with us to customize an experience that is unique to your organization.



Cognitive Behavioral Therapy



Quantum Manifestation



Flow & Peak Performance



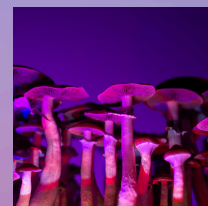
Visualization Yoga



Meditation



Breathwork



Microdosing



Mindful Living



# OUR TEAM



Susan Santarpia, PhD

Dr. Santarpia is an experienced neuropsychologist specializing in mind-body healthcare. She ensures that our programs are not only safe and effective but also tailored to meet the unique needs of diverse populations.

- ✓ Cognitive Behavioral Therapy
- ✓ Neuroscience, Neurofeedback and Neuromeditation
- ✓ Positive Compensatory Coping Skills
- ✓ Conflict Resolution
- ✓ Research and Data Analysis
- ✓ Neural Recalibration Techniques



Tessa Santarpia, MHA

Tessa is a peak performance coach, mindfulness-based stress reductionist and trauma-informed healing facilitator, with an extensive experience helping individuals unlock their full potential.

- ✓ The Neurobiology of Peak Performance
- ✓ Meditation and Mindfulness-Based Stress Reduction
- ✓ Holistic Health and Healing
- ✓ Trauma-Informed Plant Medicine Facilitation



Nina Santarpia, ME

Nina is a certified yoga and meditation instructor with a profound understanding of esoteric teachings, guiding individuals toward inner peace and self-awareness. With her expertise in conscious living, she integrates sustainable practices that promote harmony between the mind, body, and environment.

- ✓ Visualization Yoga
- ✓ Meditation & Mindfulness
- ✓ Eco-Conscious Practices
- ✓ Sustainability

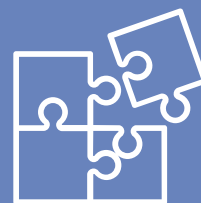
## SINGLE EVENT SUPPORT



### **Guided Meditations or Specialized Sessions**

These focused, impactful experiences provide individuals with immediate relief and practical tools to manage anxiety, enhance mindfulness and unlock potential in just a few hours.

**Why it works:** It provides embodied integration support, helping clients incorporate transformative experiences into their daily lives.



### **Effortless Integration**

Seamlessly add into existing operations without a long-term commitment to evaluate interests and results

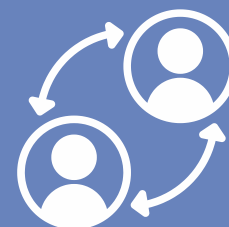
## SHORT -TERM EXPERIENCES



### **Themed Workshops**

Themed workshops offer an immersive experience within a shorter time frame, typically 1-2 days or over a weekend. Designed to dive deeper into core areas, they create profound insights and shift emotional energy to create a sense of expansion when working towards goals related to finances, career, relationships and health.

**Why it works:** Integrating multiple modalities into a cohesive framework provides tangible tools, a heightened feeling of accomplishment and a sense of limitlessness.



### **Enhanced Engagement**

These premium experiences can be scheduled periodically, providing ongoing opportunities for clients to re-engage and experience new aspects of wellness.

# LONG-TERM EXPERIENCES



## 8-Week Training Program

Our signature offer is an 8-week journey for transformative change and healing. Through weekly sessions, real-time support and experiential learning, clients learn to reprogram the brain and body to support them in times of stress and adversity. This course combines emerging science with ancient wisdom to deliver a step-by-step guide to empowered living.

**Why it works:** It unlocks a new dimension of commitment and community, fostering deeper relationships and high satisfaction that drive brand loyalty and long-term engagement.



## Elevated Impact

Positions you as a leader in next-gen, transformative healthcare models, bringing care into everyday spaces where people need and enjoy receiving it most.



## GET STARTED

Ready to elevate your wellness offerings? Let's work together to design a personalized experience that aligns perfectly with your mission and your unique needs.

[SCHEDULE MEETING](#)